

A One Day Course leading to the First Aid at Work 'Emergency Aid' Certificate

Dates available	Location	Course Code
24 September 2010	NCL House, Hexham	1881
05 November 2010	NCL House, Hexham	1882
Time	All courses are from 9am to 4.30pm	
Cost	£75 includes VAT (and lunch)	
Equipment Required	Writing materials	
Handbooks	A course manual will be provided	
Course Trainer	Alison Dennis or Julia Roberts	
Theory & Practical	Theoretical knowledge and practical skills will be assessed by means of continual assessment throughout the day.	
Results	If candidates successfully pass practical and theory continual assessments, certificates will be awarded and are valid for 3 years.	

Candidate Responsibilities

- To bring to the attention of the Tutor at the earliest opportunity any issues which may have a detrimental effect upon progress and achievement.
- To inform the Tutor of any disability or medical reasons which may require special arrangements to be made relating to the suitability of the learning programme provided

Any further details will be sent with your confirmation of a place.
Places are restricted and will be allocated strictly in order of receipt of application forms and remittance.

If you have any queries please contact the Course Organiser:

NCL Training
North Country Leisure, NCL House, Hexham Business Park, Burn Lane, Hexham, Northumberland NE46 3RU
Tel 01434 613233 Email training@northcountryleisure.org.uk

A Course leading to the First Aid at Work 'Emergency Aid' Certificate

Aim

The aim of the course is to teach participants how to give immediate assistance or treatment to someone who is injured or taken ill before the arrival of an ambulance doctor or other qualified person.

Excellent Sports & Leisure for All

Address: NCL House, Hexham Business Park, Burn Lane, Hexham, Northumberland, NE46 3RU

Tel: 01434 613200 **Fax:** 01434 608611

Email: admin@northcountryleisure.org.uk **Web:** www.northcountryleisure.org.uk

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INVESTOR IN PEOPLE

Objectives

At the end of the course participants will

- 1 Understand the role and responsibilities of a First Aider
- 2 Be able to recognise and treat life-threatening situations, which include;
 - How and when to use the recovery position
 - How and when to perform rescue breathing
 - How and when to perform cardio-pulmonary resuscitation
 - The treatment of choking
 - The treatment of serious bleeding
 - The treatment for someone suffering from a heart attack.
- 3 Know the minimum list of contents for a first aid box in the work place.
- 4 Be able to recognise and treat a range of medical conditions including;
 - Bruising, Nose Bleeds, Burns and Scalds
 - Shock, Dislocations and Fractures
 - Sprains and Strains, Concussion
 - Poisoning, Anaphylactic Shock, Asthma
 - Cramp, Fainting, Hyperventilation, Substance abuse
 - Diabetes, Epilepsy, Eye Injuries, Insect stings, Snake bites.
- 5 Know how to apply dressings and bandages in a range of conditions.

If candidates successfully pass practical and theory continual assessments, certificates will be posted to course organiser within one week .

If you have any queries please contact the Course Organiser:

Alison Dennis, Training Officer

NCL House

Hexham Business Park

Burn Lane

Hexham NE46 3RU

Tel 01434 613231 Email Alison.dennis@northcountryleisure.org.uk